

OKYEAME

October 19, 2006

American Embassy,
Accra

APPRECIATE ANCESTRAL WISDOM - QuashigahElmina (Central

region) -15 August 2006-

The Minister of Health, Major Courage E.K. Quashigah (retd), has described the neglect of the wisdom bequeathed to Africans by their ancestors as a betrayal which needs to be corrected. Major Quashigah said even though the ancestors left all the knowledge Africans needed to survive in their culture, such wisdom had been neglected at the expense of other cultures. Major Quashigah stated this in an address at the meeting of the West African Network of Natural Product Research (WANNPRES) at Elmina. He said whilst the Chinese and Indians had researched into the stock of knowledge of herbal medicines handed down to them through the generations and have developed them to international acceptability, the story is rather different in Africa. He said instead of utilising the abundant diverse natural resources, scarce resources were rather used to import drugs from the developed countries.

He commended the Wannpres for the giant strides and for taking up the challenge to engage in intensive research into Africa's flora and indigenous knowledge to develop natural products for the health and well-being of humankind. The minister also called for a change and restoration of the lost pride and confidence in Africans and challenged them to seek solutions to the continent's problems by applying science to the wisdom of their ancestors. Major Quashigah said that would "transform the wisdom of the ancestors into knowledge that can stand the test of this age". The Executive Secretary of the Wannpres, Professor Ewurama Addy, said the aim of the group was to identify and encourage research in the area of natural products, promote links among natural product researchers in the Western Africa sub-region, foster and maintain links with natural products research scientists in other parts of the world.

It also has the objective to educate and encourage the public on the conservation and sustainable use of biodiversity, among others. She expressed the hope that the meeting would identify the type of education and training that would enhance its capacity to carry out scientific research. Professor Addy expressed the hope that the meeting would also identify the type of education and training that would enhance its capacity to carry out scientific research into natural products, the needed material resources and even how to obtain the resources. Professor Kwame Sarpong, Provost of the College of Health Science of the Kwame Nkrumah University of Science and Technology, who chaired the function, commended the group for its efforts to tap the abundant natural products for the benefit of the people in the continent.

Source - Daily Graphic

Inside this issue:

Ancestral Wisdom	1
History of Ghana:	2
Postcards from the Edge	3
Pet Care Corner -	4
Around Town	5
Community News & Events	6-7
Classifieds	8-9
US Mission Announcements	10-12

CLO Office Hours



Mon-Thurs
8am-4pm

Fri

8:00 am-
12:00pm

If you have news, classified, suggestions, letters, restaurant reviews etc. for the Okyeame, please write to the Editor, Mikelle Antoine at:

accraokyeame@yahoo.com
Deadline Monday 5pm

Please let us know what you would like to see in the Okyeame. Your suggestions, criticism and story ideas are most welcome!

The Okyeame is published weekly by the United States Mission, Accra. It is for the use of all Mission employees and their families. Post activities and items of general interest are included in this newsletter. Please send news items, suggestions and classified ads to accraokyeame@yahoo.com. Submission deadline is COB Monday of publication week. Classified ads may be placed by members of the Mission or members of other foreign missions stationed in Ghana. Ads will be run for three weeks and can be renewed. If an item is sold before the three weeks are up, please notify accraokyeame@yahoo.com. Ads and submissions are accepted based on appropriateness and relevance to the Embassy community. Okyeame is a Twi word meaning linguist, or chief's spokesperson.



Early European Contact and the Slave Trade

Continued from last week.

During the heyday of early European competition, slavery was an accepted social institution, and the slave trade overshadowed all other commercial activities on the West African coast. To be sure, slavery and slave trading were already firmly entrenched in many African societies before their contact with Europe. In most situations, men as well as women captured in local warfare became slaves. In general, however, slaves in African communities were often treated as junior members of the society with specific rights, and many were ultimately absorbed into their masters' families as full members. Given traditional methods of agricultural production in Africa, slavery in Africa was quite different from that which existed in the commercial plantation environments of the New World.

Another aspect of the impact of the trans-Atlantic slave trade on Africa concerns the role of African chiefs, Muslim traders, and merchant princes in the trade. Although there is no doubt that local rulers in West Africa engaged in slaving and received certain advantages from it, some scholars have challenged the premise that traditional chiefs in the vicinity of the Gold Coast engaged in wars of expansion for the sole purpose of acquiring slaves for the export market. In the case of Asante, for example, rulers of that kingdom are known to have supplied slaves to both Muslim traders in the north and to Europeans on the coast. Even so, the Asante waged war for purposes other than simply to secure slaves. They also fought to pacify territories that in theory were under Asante control, to exact tribute payments from subordinate kingdoms, and to secure access to trade routes--particularly those that connected the interior with the coast. It is important to mention, however, that the supply of slaves to the Gold Coast was entirely in African hands. Although powerful traditional chiefs, such as the rulers of Asante, Fante, and Ahanta, were known to have engaged in the slave trade, individual African merchants such as John Kabes, John Konny, Thomas Ewusi, and a broker known only as Noi commanded large bands of armed men, many of them slaves, and engaged in various forms of commercial activities with the Europeans on the coast.

The volume of the slave trade in West Africa grew rapidly from its inception around 1500 to its peak in the eighteenth century. Philip Curtin, a leading authority on the African slave trade, estimates that roughly 6.3 million slaves were shipped from West Africa to North America and South America, about 4.5 million of that number between 1701 and 1810. Perhaps 5,000 a year were shipped from the Gold Coast alone. The demographic impact of the slave trade on West Africa was probably substantially greater than the number actually enslaved because a significant number of Africans perished during slaving raids or while in captivity awaiting transshipment. All nations with an interest in West Africa participated in the slave trade. Relations between the Europeans and the local populations were often strained, and distrust led to frequent clashes. Disease caused high losses among the Europeans engaged in the slave trade, but the profits realized from the trade continued to attract them. The growth of anti-slavery sentiment among Europeans made slow progress against vested African and European interests that were reaping profits from the traffic. Although individual clergymen condemned the slave trade as early as the seventeenth century, major Christian denominations did little to further early efforts at abolition. The Quakers, however, publicly declared themselves against slavery as early as 1727. Later in the century, the Danes stopped trading in slaves; Sweden and the Netherlands soon followed. The importation of slaves into the United States was outlawed in 1807. In the same year, Britain used its naval power and its diplomatic muscle to outlaw trade in slaves by its citizens and to begin a campaign to stop the international trade in slaves. These efforts, however, were not successful until the 1860s because of the continued demand for plantation labor in the New World.

Because it took decades to end the trade in slaves, some historians doubt that the humanitarian impulse inspired the abolitionist movement. According to historian Walter Rodney, for example, Europe abolished the trans-Atlantic slave trade only because its profitability was undermined by the Industrial Revolution. Rodney argues that mass unemployment caused by the new industrial machinery, the need for new raw materials, and European competition for markets for finished goods are the real factors that brought an end to the trade in human cargo and the beginning of competition for colonial territories in Africa. Other scholars, however, disagree with Rodney, arguing that humanitarian concerns as well as social and economic factors were instrumental in ending the African slave trade.

Source: [GhanaHomePage](#)



Deliver de Letter

By Beth Fowler

Early in the morning, before going off to work, my husband mentioned that our U.S. tax form must be mailed to our stateside tax attorney. "Hmm," I said - my usual response to fiscal matters. "Today is April fifth and Leon needs to receive our signed forms before the fifteenth." "Hmm." Saying nothing, Tom just looked at me expectantly as a pesky fact whined between us like a gnat: It takes ten days, give or take a few, for airmail to reach the States from Taiwan. I suddenly knew who was going to the post office to request speedy mail from a Mandarin-speaking clerk. "Get a receipt too," he said, and kissed me goodbye. I wasn't a novice regarding trips to the post office. I'd made plenty of treks there because, unlike America's postal service carriers who drive vans large enough to contain reams of mail, Taiwan's carriers ride green motorcycles outfitted with panniers. To expect them to pick up, as well as drop off mail, is unreasonable. (The side benefit of this is no junk mail!) You must take outgoing mail to the post office yourself.

Government workers in Taiwan are notorious for acting sullen, unmotivated and put-upon. In short they are disgruntled, and probably not without cause. Fortunately for me, the woman whose counter window I always went to was capable of performing two rare acts in this land of the deadpan. She could make eye contact and smile. She was grunted, so no worries there. Plus I knew P.O. protocol. Old lady with a bundle destined for Mainland China? Shove her over! Buddhist monk with a bill to pay? Tramp on his robe! Mother trying to buy stamps with a baby strapped to her back? Bump her aside! The Chinese, culturally disinclined to stand in a line, engage in silent, bloodless combat. It matters not who entered the post office first, who is halt and lame, who is a foreigner. Confucius say, He with sharpest elbows win place at counter.

And I was adept in the art of using the gummy pot. Because of Taiwan's 300 percent humidity, envelope flaps do not have adhesive on them. They'd stick to themselves barring letter insertion if they did have adhesive. In every post office there stands a table with pots of glue and brushes with which to paint the sticky goop onto envelope flaps. The brushes, the table, and the adjacent walls are shiny with a schnotty layer of misapplied glue. I hadn't seen that much glue out of its container since I was in first grade. (I don't know if Taiwan glue tastes as yummy as that white stuff we used back then, though.) One mother set her baby down on the goo table and, unable to extract him before closing time, was forced to abandon him. The child, it was learned later, developed a precocious affinity for philately.

Although the stamps do bear adhesive, everybody swishes glue on their postage stamps. I was the only stamp lickster in all of Taiwan. Flowers, famous buildings, Chinese zodiacal animals and tai chi positions have been artistically portrayed on stamps. "The government issued an endangered species series a while back," quipped Yankee expat Charles, who'd lived there long enough to be forgiven his sarcasm. "In the pre-Viagra® era, Taiwan led the world in importing and consuming rhinoceros horns and tiger testicles. The stamp series should have included recipes."

I boned up on saying *kuai di* (express mail) and *Wo yao fapiao* (I need a receipt) with the proper tones as I walked three hot blocks from our apartment to the local P.O. I was probably known in the neighborhood as Big Nose Foreigner Talks to Self. Great! The corner post office wasn't crowded - no grannies, monks or mommies to knock me off my course. Drat. My grunted clerk was on tea break. The clerk at window No. 3 cringed when she realized I was heading her way. Eyes pleading for help with dealing with a foreigner, she looked to her colleagues behind her. They had their own problems sorting hip-deep bales of mail.

Conducting business in a foreign language is difficult enough as it is. Erect one glass partition with a small hole cut in it at sternum level between you and the clerk, add the rumble of a coffin-sized air conditioner, and throw in the racket of mid-morning traffic hurtling by on the other side of the sliding glass doors and you've got the formula for an awkward situation. With all eyes not upon me, I slid my document under the glass partition, aimed my lips at the hole and pronounced, "Kuai di!" The clerk responded in the time-honored manner required of native speakers when conversing with someone who has obviously attained a less than rudimentary grip on the language. She machine-gunned questions at me. I responded in the time-honored manner required of non-native speakers when conversing with someone who is obviously thinking I'm a dolt. I shrugged doltishly. Her fingers clickety-clicked the abacus beads and she told me the cost of postage. I strode out of the P.O. puffed up with pride because I had handed her the correct change first time around and, furthermore, I knew to drop our important piece of mail into the left-hand slot of the red mailbox, not the green mailbox. Later, I told Tom breezily, "I mailed our tax form today." "Did you get a receipt?"

He did have to ask that. © 2001 Beth Fowler.



Pet Care In Accra Your aging Dogs!



By Sarah Probst
Information Specialist
[University of Illinois](#)
[College of Veterinary Medicine](#)

"Your pet ages seven times faster than you do; consequently, the potential for age-related disease also progresses seven times as fast," says Dr. William Tranquilli, veterinarian and anesthesiologist retired from the University of Illinois Veterinary Medicine Teaching Hospital in Urbana. "At the age of seven (when your pet is about 50 in people years), we suggest biannual visits with your veterinarian. That may seem like a lot, but if you think of it in terms of how fast your pet is aging, it would be like a person going for an annual physical every 3 to 4 years," explains Dr. Tranquilli. Also realize that large dogs age faster than smaller dogs. The attached table shows how old your pets really are and how fast they are aging.

Dog's Age	up to 20 pounds	21-50 pounds	51-90 pounds	over 90 pounds
6	40	42	45	49
8	48	51	55	4
10	56	60	66	78
12	64	69	77	93
14	72	78	88	108
16	80	87	99	123
18	88	96	109	
20	96	105	120	

During biannual visits, ask your veterinarian to do a lab analyses-complete blood count, urinalysis, fecal exams, and chemistry profiles. Having these tests done twice a year helps veterinarians detect any age-related disease that your pet may be developing before the disease progresses too far. As your pet ages, the chances of its developing a life-threatening disease such as kidney failure and cardiac disease increase. Prevention and early detection of these diseases are imperative to extend the life of your beloved companion. Taking a preventive approach to your dog's senior status could increase the amount of time you get to spend with your companion.

Donations ALWAYS Needed!

Books, educational materials, children's furniture or toys that your kids have outgrown a needed by a Ghanaian nursery. **Contact, Judy Francis, at 024-4327-424 or 021-775-348**

AROUND TOWN

North American Women's Association promotes friendship among North American women, and between North American & Ghanaian women. Also fundraising for Ghanaian charities, especially those focused on women & children. Meetings start at **6:30 pm** with food and fellowship and the business meeting will follow, at the Coconut Regency Hotel behind Immigration. Their book *No More Worries* can also be found at www.noworriesghana.com For more info go to www.nawaghana.com or call Carol Pietryk tel. 0242-108273 or email at jcpietryk@yahoo.ca.

Ghana International Women's Club Formed in 1980 with the intention of establishing a strong bond of friendship among 'women of the world', and fostering a better understanding of one another's cultures. Members organize fundraising events and volunteer work. Monthly meetings every 2nd Wed at **Kohinoor Restaurant in Osu** at 9:30 am.

Ghana Bead Society Develop knowledge, appreciation, and interest in beads in Ghana, both from a traditional and contemporary point of view. Monthly meetings at the DuBois Center, East Cantonments; 4:30 pm, first Thursday of each month. Contact Trish Graham at 764-349 or e-mail: trish_graham@hotmail.com.

Alliance Française Provides French classes for children and adults, and hosts numerous cultural events. Located on Liberation Link Road, Airport Residential. Tel: 773-134.

American Chamber of Commerce promotes commercial, economic, educational and cultural ties between the U.S. and Ghana. Their regular luncheon meetings are on the last Wednesday of the month at La Palm from 12-2:30. Tel: 247-562, 024-251-605. E-mail: amchamgh@ghana.com; Website: www.amcham_africa.org. Located at Hse #C609/3 5th Crescent St, Asylum Down.

Scottish Country Dancing The Caledonian Society of Ghana: Scottish Country dancing is back. All are welcome to join in at the Grasscutters club, every Tuesday night from 7.30pm. For more information call 0244 069 169 or e mail caledonianghana@yahoo.co.uk

Accragio, a singing group open to expatriates and Ghanaians, is preparing its fall program and welcoming new singers. For more information, call Nate at 774-558. Rehearsals take place every Tuesday night at 7:30 p.m. in Labone.

Energize yourself and reduce stress with **Hatha Yoga** at YMCA Mon-Wed-Friday, 5:30 pm

- 7 pm. Contact Peace on 024-422-6079 or 775-348 ext. 4277.

The International Players The International Players is a local amateur dramatic group that performs publicly. Anyone interested in amateur theater is invited to participate. For information contact: Trish Graham at 764-349 or e-mail: trish_graham@hotmail.com.

Bunko is up and running here in Accra! Fast paced, easy to learn, no skill required, (**ladies only!**) dice game. We meet monthly at rotating houses. For more info or to sign up, email Kylie at edhrncir@hotmail.com.

Theater Mirrors. A local Ghanaian acting troupe, begun in 1986, whose members perform every Friday night at **Bywel Bar**, located across the street from Sotrec Grocery in Osu. Admission is free. 8 PM. The acting group is also available for private performances. Call 024-678956 for details.

Ghana National Theatre Monthly Symphony Program "Sunday at Five" held the last Sunday of every month **is now at Christ the King Parish Hall due to renovations.** Still at 5 pm, still a bargain at 20,000 cedis, 665-735 or 663-467.

Friends of Bill W. Meet Monday evenings 7-8 pm near the Cathedral in Adabraka. Contact Ludwin 020-2018540 or Lydia 024-611385.

Happy Hour Fridays at 5:30 pm an informal group meets for unwinding at the Labone Coffee Shop. All are welcome.

Hash House Harriers (Accra) The Hash House Harriers has been described as a '*drinking group with a running problem.*' However, non-drinkers and walkers are welcome. The Hash runs every Monday, with a 5:15 pm sharp departure. Location varies. Contact acrahhh@yahoo.com for details.

Hash House Harriers (Tema) is composed of Ghanaians and expats in and around the Tema area and welcome families with children. Every Thursday at 5:15 April thru October and 5:00 pm November thru March. Contact Frank Davis, at frank.davis@valcotema.com or call 020-201-1525 for information on directions to starting point.

Duplicate Bridge group meets every Tuesday night at 7:30. Any questions please contact Gerry Gray Thibodeau for information or to arrange a partner, 021-775-414. (evenings)

Pick-up Basketball Tuesday evenings (6-8 pm) at GIS. Everyone is invited to join the fun. For additional information, please contact Ted Lawrence (tlawrence@usaid.gov) or Rob Clausen (rclausen@usaid.gov). They can also be reached by telephone at 228-440.

Pippa's Health and Fitness Center in Osu runs **Tumble Tots** on Monday, Wednesday and Friday from 9:30-11:45 am for 40,000 cedis a day. Toddlers can run around, play, and climb on the gym's tumble equipment and meet other toddlers in the area. Parents or nannies are welcome. Call 22 44 88 for more info.

Mom/Dad & Tots (3 and under) at British High Commission Grasscutters Return. Wednesdays 9:30-11:15 am.

Taekwondo at Pippa's Health and Fitness Center. Adults and kids are welcome. Learn from National Champion Master Stephen Yeboah. Call for registration: 22 44 88.

Frisky's International Film Buff Club views films Tuesdays 7pm. Call Ian at 0244 363017 or Katya at 024 329679 for directions or to receive a map by email.

Free Meditation!! Each Wed at 6-7pm and Thurs at 11am-12pm. At the GMCKS Pranic Healing Center, 1st floor, Pyramid House, Ring Road central (Next to Alitalia). Website: www.pranichealing.org Phone: 0243 385767. Services offered: Healing, Courses and Meditations

International Spouses Association of Ghana (ISAG) Are you a non-Ghanaian married to a Ghanaian? If yes, then come and meet others in a similar relationship. First Wednesday of every month at 5.30pm at Ghana International School film room. It's fellowship with some serious bits! For more information, contact Judd on 024-476-7063 or Nina on 024-477-8229 or email isag@ighmail.com

The Accra Tema Yacht Club (ATYC) is in Ada on the Volta River, 1½ hours from Accra, close to Manet Paradis Hotel. Races of catamarans and sail boats are held monthly. ATYC has 3 Lasers available for daily or hourly rental, a small bar and four chalets where members may stay overnight. **New members are welcome** as are day visitors for which a nominal daily charge is payable. Contact dmcallagy@gmail.com -or- Duncan.macnicol@asc-gh.com

African American Association of Ghana (AAAG). General meetings held every third Saturday of the month. 2-4pm at the W.E.B. Dubois Center in Cantonments. For more info call 021-785438 or sankofaaaag@yahoo.com

Fit & Fun Gymnastics Club for children from 2 years and teenagers. Learn the basics of movement improve flexibility, balance and body awareness. Gymnastics helps them learn self discipline, patience and have more self confidence. Call 024 3515889 for info.

Community News and Events

Aluminum Man Triathlon - Sunday morning, October 22nd, we plan to hold a triathlon-like sporting event involving a 5k run, 1/2k swim, and 15k bike ride (all distances very approximate) in the Akosombo area. We will stay over Saturday night at one of the area hotels and return on Sunday in one or more pieces. If anyone is interested in making Ghanaian sporting history, email Luis Mendez or Simon Hankinson soon so we can book rooms.

Golf at Achimota. Regular rounds on Tuesday mornings (half round at 5:30am) and Friday afternoons (2:30pm). Other times available. Play in groups by skill level, on a course that's remarkably uncrowded, superb for beginners, challenging for experts. Great conversation. Good exercise (walk 8 km over 18 holes in 3 hours). Very reasonable prices, including rental clubs and lessons. Club memberships available. Contact Jeff at [Coch-](#)

Private Swim Lessons Available for Adults and Children. ASCA (American Swim Coach's Association) Level-II Certified Coach is available to instruct children and adults in learning or improving all four competitive strokes and developing efficient swim techniques, flip turns, race dives, etc. Instruction can be targeted for general water safety, preparation for competition, and/or general conditioning. Please contact Megan at: 0244-313-526 for more information.

FOR SALE: DST dual view system, EUR 300.00 available 1st week of October, Subscription paid till end of November. Call: Jef Haenen, 02443290 Jef Haenen 00233-21-785487/00233-244-329037 (3)

¡GREAT FINDS!

Restaurants:

- The great restaurant is called Hin Lone. It is in Labone right next to the Osu Children's Home. I am not sure of the street name but you enter Labone off of Ring Road and it is your first street to the left and it is right down the street. The restaurant is clean and airy. The staff are friendly and knowledgeable ask for Randy he has been there ten years. They welcome children which is always a plus. Opening times are 12 to 3:30 and 6:30 to 10:30. The food is Cantonese and is very inexpensive. I think the most expensive thing on the menu is 60,000 cedis. We love the Crispy Noodles with Beef which comes sizzling on a hot plate. Thanks Eunice!
- Tribes is a restaurant, hotel, store and a museum. It's a nice atmosphere, good food and reasonably priced. You can have a great meal, go shopping, take in the museum or just rest in any of their lovely rooms. Fabulous!

Others:

- **Quintessential Salon:** Near Pippas Gym, Proprietress, Alice VanderStaa and Antoinette both wonderful for cuts and color. Tel 021 764508 Thanks Barbara!
- Every Wednesday @ 8 p.m. Alliance Francaise hosts their cultural show. It is a wonderful venue and a great opportunity to meet local people, hook up with the ex-pat community and get your dance on ~ I highly recommend it as one of my favorite things to do in Accra. This venue offers patio and outdoor seating and a restaurant and bar. Thanks Barbara!
- Share your great find with us. Email it to accrao-kyeame@yahoo.com!

Community News and Events

Seeking two roommates for October to March or longer. New two-story townhouse with three-bedrooms, three baths, interior open-air atrium, small garden and balcony. Refrigerator, cooker and washing machine included. \$875 each. Cantonment area. Call Monique at 0244311944 or 735-465. (2)

Babysitter: USAID intern, free wknights after 5:30pm (Friday 1pm) and wkends. Experience w/children of all ages, esp. toddlers and infants. Ref. Avail. Megan at 024.641.2249 or meganma@gwu.edu(2)

REACH FOR RECOVERY INVITATION TO PINK OCTOBER CELEBRATION

Breast Cancer is a major killer of women in Ghana. In collaboration with The Breast Clinic at Korle Bu Teaching Hospital, Peace and Love Clinic/Breast Care International, Mamo-care, Well Woman Clinic Trust Hospital and Breast Hope Ghana, we are organizing a sponsored walk which is slated for 28th of October 2006. The walk shall commence at the Holy Gardens, Kwame Nkrumah Circle, at **7am** and end at the Accra Academy, after Kaneshie market, where we shall screen about 1,000 women on the said date.

Women in Progress

An NGO based in Cape Coast, we offer 1/2 day cultural workshops:

- Batiking
- Drumming/Dancing
- Ghanaian Cuisine
- Fishing Village Excursion

Just call a few days in advance to book a workshop [042-36883 or 0242-342-361]. **Combine your weekend with a cultural workshop!**

The Caledonian Society

Scottish Country Dancing returns! Tuesday nights, 6 -7:30 pm, at the Grasscutters Return, British High Commission Compound. Newcomers are most welcome!

For more information contact Michael at CaledonianGhana@yahoo.co.uk

Looking for French Lessons?

There are a number of ways to learn French available here in Accra!

- Alliance Française in Accra offers French courses

www.alliancefrancaiseghana.com

There are also private lessons available

- Yuri @: 027-744-9398 or 021-323-674
- Boris Dabla 0243 471 593

CLASSIFIEDS

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SEEKING EMPLOYMENT

Rose working for Christina Bluhm as Household help is looking for a part time job on Tuesday and Saturday. Call Christina Bluhm home at 77 4558 or cell: 0242851575. (1)

Judy has worked as a housekeeper with expats for years and has cooking experience (Lebanonese) as well. She has her own accommodation and can be reached on 0243725610. Leanne (3)

Doris has many years working as a housekeeper. She has had a security check and works embassy functions. Her employer left suddenly and Doris is looking for a housekeeping job now. Her number is 0243804672. If you require references, contact leanne_macdougall@yahoo.com. (3)

Housekeeper – Avble now. Florence has worked for American Embassy employees and families for 10 years and has strong references. Excellent cook and housekeeper, able to work independently, and very security conscious. Call Florence at 0242853595.(3)

Experienced Housekeeper Available—Michael has 4 ½ years experience working as a housekeeper / gardener for U.S. Embassy families and 12 years experience as a gardener for expats prior to housekeeping. He is extremely reliable, hardworking and an excellent housekeeper. Please call Michael direct 0243122763. (1)

Seeking an experienced **nanny** for 4-month-old baby boy. References required. Also seeking baby furniture, car seat etc. and baby clothes. Please contact Cindy at (0244) 310269. (2)

Piano Teacher available for lessons & to play for your social function. References from a US Mission Member. Mr. Shederach 0277- 241-566 (1)

Translation Services

USAID/WA is seeking the services of a contract translator or a translating firm to translate from French to English and English to French. Apart from translating official documents that often require USAID terminology; the translator will be translating materials that contain a variety of technical, scientific, legal and statistical information on "as needed" basis.

Desired Qualifications: **Education:** Graduate degree, ideally the equivalent of a B.A. or B.S. degree, is required with graduate-level command in French and English used in translation and interpretation. **Work Experience:** Three to five years of interpreting or translating from English to French or vice-versa. Experience in doing technical translations in one or more areas of USAID programs is highly preferred. **Language Proficiency:** Fluency in English (Level V) and French (Level V). **How to Apply**

Interested persons or firms should please submit their CV and proposal to:

The Procurement Supervisor

USAID/Ghana

E45/3 Independence Avenue

P.O. Box 1630

Accra

Closing Date – October 20, 2006

Vacancy – Australian High Commission

Receptionist/Administrative Assistant

Key duties are Receptionist and Assistant to the Passports and Consular Officer. Other duties include a range of administrative functions.

Selection criteria include: strong interpersonal skills and oral English; ability to be a team player and work independently; flexibility; computer literacy. French language proficiency would be useful but not necessary. Position may suit an expatriate spouse. Further information, including details of how to prepare applications, where they should be sent and closing date can be obtained by emailing don.foley@dfat.gov.au or telephoning Don Foley on 021 776080, 7012961-3.

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MISCELLAENOUS	VEHICLES FOR SALE	2001 BMW 320i, E46, Silver Metallic
FOR SALE: New Sony VAI0 Brand new Sony VAI0 notebook available, never been used. Asking sale price \$1800. New printer also available, \$200. Sony VAI0 leather carrying case also available \$100. Please contact Anne Molyneaux 0244310572 (3)	Hyundai Galloper II 4Wdturbo intercooler, 2.5Ldiesel engine, 7 seater, manual transmission. ABS (ani-lock braking system), AC, CD+Radio cassette player, Driver & front passenger airbags, Power steering Power brakes, Central door locking system, Front grill guard, Reinforced suspension. Serviced every 5,000km. Registered Dec. 2003.Only, 29,000km. Duty not paid \$16,995ono. Contact 0244 509986 or 021233348 e-mail Fiona.Hayward@fco.gov.uk (2)	2.2L, DOHC , straight 6 cylinder, from Japan Excellent condition, 48,000 km, 2 owners Duty not paid, Price \$ 22,000 Available from now. Please, send an e-mail : transnet@hikyaku.com (3)
FOR SALE: Almost new Sony camcorder for sale ... European specs. We paid \$1000 and used it once. Yours for \$800 or best offer. Call Christina at (021) 774-558.(3)	Volvo S40 2003 , black leather seats, AC, airbags, power steering, electric windows & doors, alarmed, fully loaded, low mileage, duty paid REDUCED \$18,0000 Call 020 813-6962 (2)	Toyota Corolla Model CE (this is the top of the line model). Year: 2001 with 35,000 miles. Power windows and doors, A/C, radio/tape/CD deck, automatic transmission. In excellent condition. Recently serviced and with brand new tires. Four doors, color - black. Asking \$5,650. Duty not paid. Please call 0244-311-262. (3)
FOR SALE: CPU: AMD Athlon64 3000+, 939 pins, Cedis: 700,000. Motherboard: ASUS A8N-E, socket 939, DDR SD-RAM, S-ATA, RAID, LAN, Cedis:800,000. Nearly new, with one year warranty. Philip: 0244 027 449 or 021 22 79 33.(2)	2003 Rexton. 44,500 kms. Duty paid. Exce condition. Call Monique 0244311944 /733-465.	1998 Honda Civic 4 door sedan, 61700 miles, manual transmission. Excellent condition. Duty not paid. Private Party Blue Book value \$6760, best offer. Call Diane at 0243122763. (1)
FOR SALE: Massive dining glass-table (refurbished): Cedi 800.000 (o.n.o) . Please call Marc 024-4061790 (3)	HYUNDAI GALLOPER II 4WD turbo intercooler, 2.5L diesel engine, 7 Seater, Manual Transmission, New. ABS (ani-lock braking system) AC CD+Radio cassette player Driver & front passenger airbags Power steering Power brakes Central door locking system Front grill guard Reinforced suspension Factory treatment against corrosion Walnut dashboard Full service history. Serviced every 5,000KM. Registered December 2003. Only, 30,000 KM Duty not paid. Reduced to £8,500. Just had a service Contact 0244 509986 or 021 233348	Audi A4 1.8T, 1997 Model , - Brown Mettalic, CD, Alloy Wheels, Leather Seats, Sunroof, 1 Owner, Full Service History, Good Condition, \$7,000 Call Afua 66505 (3)
Do You Know a Fascinating Person? The Okyeame is interested in Ghanaians and Americans who are doing special and interesting things. If you know someone you think is truly amazing, email Mikelle at: accraokyeame@yahoo.com . THANKS!	Famous Quotes: Two small antelopes can beat a big one. Ghanaian	2004 Nissan X-Trail. Imported new from Japan in 2005. Fully loaded: Auto transmission; 4 wd; A/C; leather; pwr seats, windows; keyless entry; 6 disk cd changer and cassette. Still under warranty. All service performed at Nissan Auto Parts. Only 19,000 km. Duty not paid. \$23,000 or best offer. Call 0244-313-523 or e-mail jbsandefur@yahoo.com . (2)